

GI Motility & Brain-Gut Disorders: Evidence vs Consensus



25th Annual Course in Neurogastroenterology & Motility



Virtual at Brigham & Women's Hospital



October 19, 2024

07:45 - 07:50 am	Welcome
07:50 - 09:20 am	Gastric and Small Bowel Cases <i>Moderator:</i> Braden Kuo <i>Panelists:</i> Judy Nee, Richard Saad, Claire Zar-Kessler, Leo Magrini
09:20 - 09:40 am	The effect of new anti-obesity medications including GLP-1 agonists on the gastrointestinal tract <i>Speaker:</i> Nayna Lodhia
09:40 - 10:00 am	Break
10:00 - 11:30 am	Esophageal Cases <i>Moderator:</i> Walter Chan <i>Panelists:</i> Hiroshi Mashimo, Wai-Kit Lo, Rachel Rosen, Hilary Ugras, Ealaf Shemmeri
11:30 - 11:50 am	How to approach oropharyngeal dysphagia <i>Speaker:</i> Christopher Dwyer
11:50 - 12:30 pm	Lunch Break
12:30 - 02:00 pm	Colon and Anorectal Cases <i>Moderator:</i> Kyle Staller <i>Panelists:</i> Samuel Nurko, Johanna Iturrino Moreda, Amanda Pressman, Samantha Calabrese
02:00 - 02:20 pm	Digital apps, virtual reality, AI and other technology for dysmotility and disorders of gut-brain interaction <i>Speaker:</i> Eric Shah
02:20 - 02:30 pm	Break
02:30 - 05:30 pm	Parallel Breakout Sessions

Parallel Session A (2:30-4:30 pm): Basic Class

2:30-3:00 pm, 3:00-3:30 pm (Participants to choose 2 of the following)

- A. Esophageal Manometry** *Speakers:* Sravanya Gavini, Stephanie Owyang
- B. Reflux Monitoring Tests** *Speakers:* Lawrence Borges, Chethan Ramprasad, Erik Reilly
- C. Breath Testing** *Speakers:* Jasmine Hanifi, Ryan Flanagan, Sean Allen
- D. Dietary Therapy for GI Disorders** *Speaker:* Lauren Dear

3:30-4:00 pm, 4:00-4:30 pm (Participants to choose 2 of the following)

- A. EndoFLIP** *Speakers:* Brent Hiramoto, Brian Dooley
- B. Anorectal Manometry** *Speakers:* Nir Bar, Barbara Brien
- C. Gastric and Small Bowel Testing** *Speaker:* Brian Surjanhata
- D. Pelvic Floor Physical Therapy for Motility and GI Issues**
Speaker: Meghan Markowski

Parallel Session C (2:30-5:00 pm): Advanced Practice Providers Class

The Role of Advanced Practice Providers (APP) in GI Care

Moderators: Kristina Skarbinski, Samantha Calabrese

- 02:30 – 02:45 pm: **Introduction**
- 02:45 – 03:30 pm: **Updates on Marijuana Therapies for GI Disorders and Who is the Most Appropriate Candidate for Referral**
Speaker: Meghan Clements
- 03:30 – 04:15 pm: **Red Flags for Medical Stability in Patients with ARFID and Eating Disorders: What the GI APP Should Know**
Speakers: Lauren Shabazian
- 04:15 – 05:00 pm: **Anal Paps: Who, What and How?**
Speaker: Daniel Worrall

Parallel Session B (2:30-4:30 pm): Advanced Class

Motility and Reflux Testing Tracings Review

Moderators:

Jennifer Cai, Vikram Rangan, Christopher Velez

Discussants:

Corey Baker, Alin Botoman, Walter Chan, Jennifer Dimino, Daniel Friedlander, Albena Halpert, Kevin Huang, Braden Kuo, Hiroshi Mashimo, Claudio Morera, Barbara Nath, Trisha Pashricha, Amanda Pressman, Allyson Richardson, Rachel Rosen, Kyle Staller, Eric Shah, Sanskriti Varma

Topics:

Esophageal Manometry, pH/Impedance, Anorectal Manometry, Fake Out Artifacts, FLIP Panometry

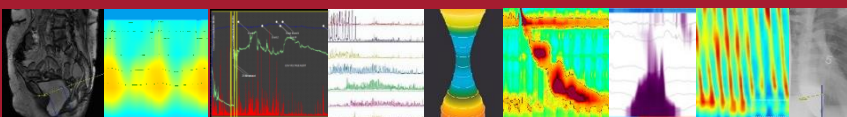
Parallel Session D (4:00-5:30 pm): Behavioral/Psychological Intervention Class

Practical guidance for integrating behavioral and psychological interventions into your clinical practice

Speakers: Sarah Ballou, Julie Snyder

Topics:

- Importance/feasibility of integrated care
- Integrating psychology into GI clinic
- A brief introduction to common BGBTs
- Demonstration of diaphragmatic breathing exercise
- How to and why teach diaphragmatic breathing



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Course Directors:

Walter Chan, MD, MPH
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Harvard Medical School and Teaching Affiliates Faculty:

 **Brigham and Women's Hospital**

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Instructor in Medicine

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Gastroenterology

Christopher Dwyer, MD, FRCSC
Otolaryngology
Instructor in Otolaryngology-Head and Neck Surgery

Ryan Flanagan, MD, MPH
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Instructor in Medicine

Jasmine Hanifi, MD
Gastroenterology
Instructor in Medicine

Nayna Lodhia, MD
Gastroenterology
Instructor in Medicine

Leo Magrini, PA
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Meghan Markowski, PT, DPT, WCS, BCB-PMD, CLT
Physical Therapy

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Instructor in Medicine

Allyson Richardson, MD
Gastroenterology
Clinical and Research Fellow

Ealaf Shemmeri, MD, PharmD
Thoracic Surgery
Instructor in Surgery

 **Beth Israel Deaconess Medical Center**

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Daniel Worrall, CNP
Colorectal Surgery

Claire Zar-Kessler, MD
Medical Director, Pediatric Neurogastroenterology Program
Assistant Professor of Pediatrics

Visiting Faculty:

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Director, Center for Neurogastroenterology and Motility Disorders
Connecticut Children's Hospital

Lauren Dear, MS, RDN
Owner & Registered Dietitian Nutritionist
Dear Nutrition

Meghan Clements, NP
ECS Wellness

Sravanya Gavini, MD
Associate Professor of Medicine
University of Texas Southwestern Medical Center

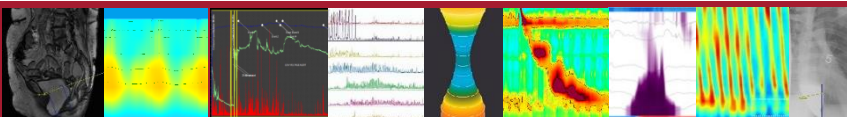
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